

TWO-POINT TL FOR NUTRITION

1. Put the problem to be treated into Pause Lock so you have a weak muscle.
2. After testing the hand modes, if the nutrition finger strengthens the weak muscle, stack that into Pause Lock. This is done by the patient putting their feet together and then spreading them 18" apart. Now you will have a strong muscle in Pause Lock

Nose	GV 25	Amino Acids
Pubis	CV 2	Herbs
Wrist	TW 4	Minerals
Ankle	ST 41	Vitamins
Back Ribs	BL 42	Bach Flowers

3. Test each of the acupuncture points on this chart to see which changes the indicator muscle showing that that nutrition is needed. The indicator muscle will go from strong to weak in this case.
4. Administer the therapy for the point.
 - For amino acids see the procedure in AK Shortcuts 2.
 - For herbs temporal tap and ask the body what herb it wants. For example, as you temporal tap say, "*You need echinacea*" test, "*You need goldenseal*" test. The two most common are echinacea for viruses, and goldenseal for bacteria.
 - Follow the same procedure for minerals, vitamins and Bach Flowers
5. Check to verify that the indicator has changed. When the nutrition that is needed is placed in the persons field, TL to the acupuncture point will no longer weaken the strong muscle in Pause Lock.
6. Temporal Tap and ask, "*Is there any more nutrition needed*" test.
7. Remove the Pause Lock and proceed to the next problem area.

